

Mid South Coast Zone Championships

CENTRE ENTRY FORM ONLY

Hosts : Lake Illawarra Venue : Myimbarr Community Park, Wattle Road, Flinders
Date : 10th & 11th December, 2011 Entries Close : Friday 25th November, 2011

NAME : _____

AGE GROUP : U/____ BOY / GIRL

REGO No. : _____

U/7 To U/12 may enter a maximum of 4 events.
 U/13 To U/17 may enter a maximum of 6 events.

Please list events in order of preference.

	EVENTS
1st Choice	
2nd Choice	
3rd Choice	
4th Choice	
5th Choice	<small>(U/13 To U/17 Athletes Only)</small>
6th Choice	<small>(U/13 To U/17 Athletes Only)</small>

Will this athlete attend the Regional Championships at Kiama if he/she qualifies? Yes No

This nomination form is for Centre use only.

NAME : _____

AGE GROUP : U/____ BOY / GIRL

REGO No. : _____

U/7 To U/12 may enter a maximum of 4 events.
 U/13 To U/17 may enter a maximum of 6 events.

Please list events in order of preference.

	EVENTS
1st Choice	
2nd Choice	
3rd Choice	
4th Choice	
5th Choice	<small>(U/13 To U/17 Athletes Only)</small>
6th Choice	<small>(U/13 To U/17 Athletes Only)</small>

Will this athlete attend the Regional Championships at Kiama if he/she qualifies? Yes No

This nomination form is for Centre use only.

NAME : _____

AGE GROUP : U/____ BOY / GIRL

REGO No. : _____

U/7 To U/12 may enter a maximum of 4 events.
 U/13 To U/17 may enter a maximum of 6 events.

Please list events in order of preference.

	EVENTS
1st Choice	
2nd Choice	
3rd Choice	
4th Choice	
5th Choice	<small>(U/13 To U/17 Athletes Only)</small>
6th Choice	<small>(U/13 To U/17 Athletes Only)</small>

Will this athlete attend the Regional Championships at Kiama if he/she qualifies? Yes No

This nomination form is for Centre use only.

Mid South Coast Zone Championships

Hosts : Lake Illawarra Venue : Myimbarr Community Park, Wattle Road, Flinders

Date : 10th & 11th December, 2011 Entries Close : Friday 25th November, 2011

SATURDAY'S EVENTS

Event	Age Group									
	7	8	9	10	11	12	13	14	15	17
50m	X									
100m	X	X	X	X	X	X	X	X	X	X
P/Start	X									
400m		X	X	X	X	X	X	X	X	X
60m/h		X	X	X	X	X				
1500m				X	X	X	X	X	X	X
200m/h							X	X	X	X
3000m							X	X	X	X
H/Jump			X		G	B	G	B	G	B
L/Jump		X		X		X	G	G	B	B
T/Jump					X		B	B	G	G
S/Put	B	B	X		X		G	G	B	B
Discus	G	G		X		X	B	B	G	G
Javelin						G	B	G	B	G

SUNDAY'S EVENTS

Event	Age Group									
	7	8	9	10	11	12	13	14	15	17
70m	X	X	X	X						
200m	X	X	X	X	X	X	X	X	X	X
P/Start		X								
800m			X	X	X	X	X	X	X	X
80m/h							X	G		
90m/h								B	G	
100m/h									B	G
110m/h										B
700m/w			X							
1100m/w				X	X					
1500m/w						X	X	X	X	X
H/Jump				X	B	G	B	G	B	G
L/Jump	X		X		X		B	B	G	G
T/Jump						X	G	G	B	B
S/Put	G	G		X		X	B	B	G	G
Discus	B	B	X		X		G	G	B	B
Javelin						B	G	B	G	B

X = Boys & Girls
 G = Girls
 B = Boys